














Wolf Pack Events Schedule - 2016

Duathlon 5-Race Series Qualifier 3 Race Minimum	Race Date	Race Name	Events	Location
	1/16/2016 9:00 AM	The Dam Run	5K and 10K	500 San Pablo Dam Rd Orinda, CA 94563
	Qualifer 1/30/2016 9:00 AM	3 Bears DU	Duathlon - Long 5.00 Mile-18.62 Mile-2.2 Mile Duathlon - Short 2.35 Mile-18.62 Mile-2.2 Mile Relays on Both Duathlons 5 Mile Run/Walk	7301 San Pablo Dam Rd El Sobrante, CA 94803
	Qualifer 4/09/2016 8:00 AM	Golden Bears DU	Duathlon - Long 5.00 Mile-18.62 Mile-2.2 Mile Duathlon - Short 2.35 Mile-18.62 Mile-2.2 Mile Relays on Both Duathlons 5 Mile Run/Walk	7301 San Pablo Dam Rd El Sobrante, CA 94803
	5/07/2016 8:00 AM	Mother's Day Run	5K / 10K / Half Marathon	7301 San Pablo Dam Rd El Sobrante, CA 94803
	Qualifer 6/18/2016 8:00 AM	Du-TOES Du and Tri	TRI - 3.6mi Run/22mi Bike/2mi Kayak (Short) TRI - 3.6mi Run/22mi Bike/4mi Kayak (Long) Du - 3.6mi Run/22mi Bike/1.8mi Run Relays on the Du and Tri Courses Run - 3.6mi Run/Walk	500 San Pablo Dam Rd Orinda, CA 94563
	Qualifer 8/20/2016 8:00 AM	Golden Gate Du	Duathlon - Short Course - 5K/35K/5K Duathlon - Long Course - 10K/70K/5K Relays on Both Duathlon Courses 5K Run/Walk	500 San Pablo Dam Rd Orinda, CA 94563
	9/24/2016 8:00 AM	Fall Showdown	5K / 5 Mile / Half Marathon	7301 San Pablo Dam Rd El Sobrante, CA 94803
	Qualifer 10/22/2016 8:00 AM	Du the Bears	Duathlon - Long Course 5.00 Mile-18.62 Mile-2.2 Mile Duathlon - Short Course 2.35 Mile-18.62 Mile-2.2 Mile Relays on Both Duathlons 5 Mile Run/Walk	7301 San Pablo Dam Rd El Sobrante, CA 94803
	11/05/2016 8:30 AM	Dog Day at the Dam	2.3 Mile Walk/Run with or without Dog 4.8 Mile Run/Walk with Dog 4.8 Mile Run/Walk without Dog	7301 San Pablo Dam Rd El Sobrante, CA 94803
	11/24/2016 8:15 AM	Thanksgiving Day Gobble Wobble	5K Run/Walk 10K Run/Walk 1/2 Mile Fun Run for the Kids	7301 San Pablo Dam Rd El Sobrante, CA 94803
	12/17/2016 8:30 AM	Dam Jingle Bell Race/Dash	5K/10K/Kids Fun Dash to Santa	500 San Pablo Dam Rd Orinda, CA 94563