












Wolf Pack Events Schedule - 2019

	Race Date	Race Name	Events	Location
	1/12/2019 9:00 AM	The Dam Run	5K and 10K	500 San Pablo Dam Rd Orinda, CA 94563
	1/26/2019 9:00 AM	3 Bears DU	Duathlon - Long 5.00 Mile-18.62 Mile-2.2 Mile Duathlon - Short 2.35 Mile-18.62 Mile-2.2 Mile Relays on Both Duathlons 5 Mile Run/Walk	7301 San Pablo Dam Rd El Sobrante, CA 94803
	3/30/2019 8:00 AM	Golden Gate Du	Duathlon - Long 5.00 Mile-18.62 Mile-2.2 Mile Duathlon - Short 2.35 Mile-18.62 Mile-2.2 Mile Relays on Both Duathlons 5 Mile Run/Walk	7301 San Pablo Dam Rd El Sobrante, CA 94803
	5/11/2019 7:30/8:00 AM	Mother's Day Run	5K / 5 Mile / Half Marathon	7301 San Pablo Dam Rd El Sobrante, CA 94803
	9/21/2019 7:30/8:00 AM	Fall Showdown	5K / 5 Mile / Half Marathon	7301 San Pablo Dam Rd El Sobrante, CA 94803
	10/12/2019 8:00 AM	Du the Bears	Duathlon - Long Course 5.00 Mile-18.62 Mile-2.2 Mile Duathlon - Short Course 2.35 Mile-18.62 Mile-2.2 Mile Relays on Both Duathlons 5 Mile Run/Walk	7301 San Pablo Dam Rd El Sobrante, CA 94803
	11/02/2019 8:30 AM	Dog Day at the Dam	2.3 Mile Walk/Run with or without Dog 4.8 Mile Run/Walk with Dog 4.8 Mile Run/Walk without Dog	7301 San Pablo Dam Rd El Sobrante, CA 94803
	11/28/2019 8:00 AM	Thanksgiving Day Gobble Wobble	5K Run/Walk 10K Run/Walk 1/2 Mile Fun Run for the Kids	7301 San Pablo Dam Rd El Sobrante, CA 94803
	12/14/2019 8:30 AM	Dam Jingle Bell Race/Dash	5K/10K/Kids Fun Dash to Santa	500 San Pablo Dam Rd Orinda, CA 94563