



# Dam Jingle Bell Dash

## 10K – Road/Trail Run 5K – Road Run

### 100 – Yard Kids Dash to Santa – FREE – with Medals for ALL

December 14, 2019 Start Time - 8:30 AM  
500 SAN PABLO DAM ROAD, ORINDA, CA



**Don your Bells (we'll supply) and Santa Hat (you supply) and Jingle your way to the finish line**

**ENTRY FEES:** 5K-\$40.00 Pre-Reg – Received by 11/16/2019  
\$45.00 Pre-Reg thereafter and Race Day  
10K-\$45.00 Pre-Reg – Received by 11/16/2019  
\$50.00 Pre-Reg thereafter and Race Day

**FREE PARKING and Timing Chips for Each Participant**

**PRE REGISTRATION:** must be received by December 7, 2019 or online @ ACTIVE.COM until December 12<sup>th</sup> **6:00 pm**

**SAME DAY REGISTRATION:** Is open from 7:00 am to 8:15 am only

**MEDALS:** Custom Finish Medal to ALL. Place Medals to the top 3 finishers in each division; Plaques to Overall 1<sup>st</sup> Place M/F

**SPECIAL AWARDS:** Custom Made Plaques will be awarded to the following Age Group Winners 5K and 10K:

The Jingle Bell Race is our tribute to all of our competitors and their families. If you came last year you know what a fun and seasonal experience this is. Just the right event to put you in the Holiday Spirit. Bring your Kids and Family.  
Super Fun Event – DON'T MISS IT !!!



<b>1st Overall</b>	<b>Male and Female</b>	<b>Any Age</b>
<b>1st</b>	<b>Male and Female</b>	<b>49 &amp; Under</b>
<b>1st Centurion</b>	<b>Male and Female</b>	<b>50 &amp; Over</b>



**DIVISIONS:** 5-8, 9-12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85+

## Dam Jingle Bell Dash - RACE ENTRY FORM

Make checks payable to Wolf Pack Events (WPE). Detach and Mail this form to: PO Box 20691, El Sobrante, Ca, 94820

T-Shirt size – Circle One: None Youth S M L XL XXL Event – Circle One: 5K 10K

NAME \_\_\_\_\_ AGE (On Race Day) \_\_\_\_\_ GENDER M F  
Last (Print Please) First

ADDRESS \_\_\_\_\_ PHONE# \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

E-MAIL \_\_\_\_\_ CLUB/TEAM/Affiliation \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Emergency Contact Number \_\_\_\_\_

**100-Yard Kid Dashers 10&Under to Santa – How many in your group? \_\_\_\_\_ Dashers are Free with your Registration**

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

**Participants Under 18 must have a Parent or Guardian sign this authorization/release form.**

**WAIVER:** This is a legal document, read carefully. I hereby waive and release, indemnify, hold harmless and forever discharge Wolf Pack Events, East Bay Mud, and East Bay Regional Parks District and its agents, employees, officers, volunteers, directors, and organizations affiliated with the race for any and all injuries suffered by me at the race or en-route to and from the race event. I acknowledge that the race courses are on trails and shared by with other park visitors, including; runners, hikers, bikers, and horses. I attest that I am physically fit and sufficiently trained for this competition and a licensed M.D. has verified my physical condition in the last six months. I acknowledge that I have read and understand all of the above. I grant my permission to allow photo and/or other video images of myself to be used for promotional purposes. This is a Bib Chip Timed race.

Further Questions? Call Wolf @ 510-459-0854 or [www.wolfpackevents.com](http://www.wolfpackevents.com)