

Race Date
August 20, 2016

2016 Golden Gate DU
Overall Results

Long DU

Female

<u>Place</u>	<u>Name</u>		<u>6.1M</u>		<u>T1</u>		<u>42M</u>		<u>T2</u>		<u>3.1M</u>		<u>Total</u>					
		<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>		
1	Olivia Arnold	473	22	1	51:23.8	8:25	1	3:41.8		1	3:22:59.1	12.4	1		1	26:03.2	8:24	4:43:54.2

Race Date
August 20, 2016

2016 Golden Gate DU
Overall Results

Long DU															Male			Total		
<u>Place</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>6.1M</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>T1</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>42M</u> <u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>T2</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>3.1M</u> <u>Time</u>	<u>Pace</u>	<u>Total</u> <u>Time</u>	
1	Stephen Sloan	481	19	1	37:50.2	6:12	1	1:19.9		1	1:58:27.1	21.3					1	17:04.6	5:30	2:54:41.8
2	Steve Fung	477	44	2	40:42.7	6:40	3	1:36.7		2	2:00:54.2	20.8					2	23:59.3	7:44	3:07:12.9
3	Clarence Butz	475	56	4	46:31.7	7:38	2	1:33.1		3	2:18:02.3	18.3	2				3	24:57.7	8:03	3:30:27.6
4	Christopher Chiles	476	28	3	45:48.5	7:30	4	2:25.6		4	2:24:56.6	17.4	1	0:05.7			4	25:51.0	8:20	3:39:07.4
5	Paul Arnold	474	57	5	51:25.6	8:26	5	3:40.1		5	3:22:57.2	12.4	3				5	26:04.5	8:25	4:43:55.9

Race Date

August 20, 2016

2016 Golden Gate DU

Overall Results

Long DU Relay Mixed

Male

<u>Place</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>6.1M</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>T1</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>42M</u> <u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>T2</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>3.1M</u> <u>Time</u>	<u>Pace</u>	<u>Total</u> <u>Time</u>	
1	Team Nachos	482	41	1	50:40.8	8:18	1	1:21.4		1	2:16:18.7	18.5	1				1	26:38.7	8:35	3:34:20.1