



# Fall Showdown

## Mixed Trail Run

September 25<sup>th</sup> 2010

5K/10K/Half Marathon RUN/WALK

Start Time - 8:00 AM

At The San Pablo Reservoir - Main Entrance

7301 San Pablo Dam Rd El Sobrante, CA 94803

ENTRY FEES: Before 9/18/2010 5K-\$30.00 10K-\$35.00 Half Marathon-\$40.00  
 After 9/18/2010 5K-\$35.00 10K-\$40.00 Half Marathon-\$45.00

Reservoir Parking Included in Event Fee - Timing Transponder Chip For All Participants

PRE-REGISTRATION: Must be postmarked by September 18, 2010 or online @ active.com until September 22, 2010

Packet Pick Up 9/23 & 9/24 5:00 pm - 8:00pm at Road Runner Sports - Willows Shopping Center, 1975 Diamond Blvd. Concord 94520

Packet Pick Up at the Race is 15 minutes before Race Time: 1/2 Marathon 7:45 am 10K 8:05 am 5K 8:15 am

SAME DAY REGISTRATION: Open from 6:45 am until 7:45 am ONLY Races Begin - 1/2 Marathon 8:00 10K 8:20 5K 8:30

MEDALS: To the top 3 Finishers in EVERY 5-YEAR DIVISION, Plus PLAQUES as described below

SPECIAL AWARDS: Custom Made Plaques will be awarded to the following 5K, 10K and Half Marathon Winners:

Great Grand Master	Male and Female	Age 60 and Over
Grand Master	Male and Female	Age 50 - 59
Master	Male and Female	Age 40 - 49

FREE Pair NIKE Shoes - 1<sup>st</sup> Place Male/Female 10K & 1/2 Marathon 40-49 & 50-59 courtesy of RoadRunnerSports Concord

Divisions: 5-8, 9-12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85+

T-Shirts are guaranteed to all pre registered runners, race day they will be given out on a "first come first served" basis

For information regarding Parking, Course Description and Aid Stations go to [www.wolfpackevents.com](http://www.wolfpackevents.com)

### RACE ENTRY FORM

Make checks payable to Wolf Pack Events (WPE). Detach and Mail this form to: PO Box 20691, El Sobrante, Ca, 94820

T-Shirt size - Circle One: Youth S M L XL XXL Event - Circle One: 5K 10K 1/2 Marathon

NAME \_\_\_\_\_ AGE (On Race Day) \_\_\_\_\_ GENDER M F  
 Last (Print Please) First

ADDRESS \_\_\_\_\_ PHONE# \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

E-MAIL \_\_\_\_\_ CLUB/TEAM/Affiliation \_\_\_\_\_

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

Participants Under 18 must have a Parent or Guardian sign this authorization/release form.

**WAIVER:** This is a legal document, read carefully. I hereby waive and release, indemnify, hold harmless and forever discharge Wolf Pack Events, East Bay Mud, and East Bay Regional Parks District and its agents, employees, officers, volunteers, directors, and organizations affiliated with the race for any and all injuries suffered by me at the race or en-route to and from the race event. I acknowledge that the race courses are on trails and shared by with other park visitors, including: runners, hikers, bikers, and horses. I attest that I am physically fit and sufficiently trained for this competition and a licensed M.D. has verified my physical condition in the last six months. I acknowledge that I have read and understand all of the above. I grant my permission to allow photo and/or other video images of myself to be used for promotional purposes.

Further Questions? Call Wolf @ 510-459-0854

