



**Wolf Pack**  
**EVENTS**  
**RUN • BIKE • FUN**

# The Dam Run

**5K – Road Run 10K – Trail Run**

**January 28, 2012**

**5K/10K RUN/WALK Start Time – 9:00 AM**

**500 SAN PABLO DAM ROAD, ORINDA, CA**

**ENTRY FEES:** 5K-\$30.00 Pre-Reg - \$35.00 day of the race 10K - \$35.00 Pre-Reg - \$40 day of the race

**FREE PARKING** Timing Chips for Each Participant

**PRE REGISTRATION:** must be postmarked by January 22<sup>nd</sup> 2012 or online @ ACTIVE.COM until January 25<sup>th</sup>

**SAME DAY REGISTRATION:** Is open from 7:15am to 8:15am only

**MEDALS:** Will be given to the top 3 finishers in each division; Plaques to 39 and Under Male and Female Winners

**SPECIAL AWARDS:** Custom Made Plaques will be awarded to the following Age Group Winners:

<b>Golden Master</b>	<b>Male and Female</b>	<b>Age 70 and Over</b>
<b>Great Grand Master</b>	<b>Male and Female</b>	<b>Age 60 – 69</b>
<b>Grand Master</b>	<b>Male and Female</b>	<b>Age 50 – 59</b>
<b>Master</b>	<b>Male and Female</b>	<b>Age 40 – 49</b>

**DIVISIONS:** 5-8, 9-12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85+

T-Shirts are guaranteed to all pre registered runners, race day they will be given out on a "first come first served" basis

## The Dam Run – RACE ENTRY FORM

**Make checks payable to Wolf Pack Events (WPE). Detach and Mail this form to: PO Box 20691, El Sobrante, Ca, 94820**

**T-Shirt size – Circle One: Youth S M L XL XXL**

**Event – Circle One: 5K 10K**

NAME \_\_\_\_\_ AGE (On Race Day) \_\_\_\_\_ GENDER    M    F  
 Last (Print Please) First

ADDRESS \_\_\_\_\_ PHONE# \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

E-MAIL \_\_\_\_\_ CLUB/TEAM/Affiliation \_\_\_\_\_

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

**Participants Under 18 must have a Parent or Guardian sign this authorization/release form.**

**WAIVER:** This is a legal document, read carefully. I hereby waive and release, indemnify, hold harmless and forever discharge Wolf Pack Events, East Bay Mud, and East Bay Regional Parks District and its agents, employees, officers, volunteers, directors, and organizations affiliated with the race for any and all injuries suffered by me at the race or en-route to and from the race event. I acknowledge that the race courses are on trails and shared by with other park visitors, including: runners, hikers, bikers, and horses. I attest that I am physically fit and sufficiently trained for this competition and a licensed M.D. has verified my physical condition in the last six months. I acknowledge that I have read and understand all of the above. I grant my permission to allow photo and/or other video images of myself to be used for promotional purposes.



Further Questions? Call Wolf @ 510-459-0854 or [www.wolfpackevents.com](http://www.wolfpackevents.com)

