

Race Date  
March 30, 2019

2019 Golden Gate DU  
Overall Results

Place	Name	DU										Female			Total Time				
		Bib	Age	Run 1		T1		Bike		T2		Run 2							
				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time	Pace	
1	Suzanne Cordes	18	60	1	18:07.6	7:43	8	1:44.8		1	1:12:37.8	15.4	12	1:16.2		1	17:52.3	8:07	1:51:38.9
2	Melanie Forter	25	37	3	18:25.4	7:50	10	1:49.0		4	1:14:47.2	14.9	7	0:59.9		3	18:34.0	8:26	1:54:35.7
3	Christine Nichols	82	34	2	18:11.3	7:44	9	1:45.0		5	1:16:30.2	14.6	4	0:54.6		2	18:23.6	8:21	1:55:44.9
4	Linda Curtis	88	63	10	22:19.2	9:30	7	1:15.5		2	1:13:11.9	15.3	2	0:43.6		7	21:12.4	9:38	1:58:42.8
5	Sharon Barclay	4	51	4	19:47.5	8:25	3	0:53.2		6	1:19:39.8	14.0	6	0:55.4		4	18:49.6	8:33	2:00:05.7
6	Cynthia Zerger	80	44	6	20:43.9	8:49	6	1:07.4		3	1:14:40.8	15.0	3	0:52.6		10	23:03.0	10:29	2:00:27.8
7	Nomin BELEGBAYAR	6	28	7	20:45.1	8:50	4	1:03.2		8	1:24:22.3	13.2	10	1:10.9		8	21:30.2	9:46	2:08:51.9
8	Dana Glassel	30	37	8	20:50.4	8:52	12	2:35.5		9	1:25:38.2	13.0	11	1:12.0		6	20:36.8	9:22	2:10:53.1
9	darlene henderson	38	65	13	24:31.3	10:26	2	0:46.6		7	1:22:05.5	13.6	5	0:54.9		11	23:55.1	10:52	2:12:13.4
10	Jennifer Lynch	46	46	5	19:50.2	8:26	11	2:18.3		10	1:31:01.6	12.3	13	1:24.2		5	19:27.0	8:50	2:14:01.5
11	Patty Seiden	66	46	9	21:26.8	9:07	5	1:04.4		12	1:37:09.3	11.5	8	1:09.3		9	21:43.2	9:52	2:22:33.1
12	laure Tuchscherer	76	47	11	23:25.3	9:58	1	0:46.5		11	1:34:31.4	11.8	1	0:32.4		12	24:44.4	11:15	2:24:00.3
13	Mihaela Popescu-Stanesti	56	50	12	24:07.2	10:16	14	3:41.5		13	1:40:41.8	11.1	9	1:09.3		13	25:09.7	11:26	2:34:49.8
14	Mykelle Crittenden	19	32	14	25:02.2	10:39	13	2:36.1		14	1:54:18.7	9.77	14	2:22.6		14	26:45.5	12:10	2:51:05.2
15	Mimi Park	53	52	15	29:38.3	12:37	15	7:32.5		15	2:07:45.6	8.75				15	39:35.5	18:00	3:24:32.2

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Overall Results

Place	Name	Bib	Age	DU				Male				Total Time						
				Run 1		T1		Bike		T2			Run 2					
				Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time	Pace	
1	Rick Cordes	91	59	15:27.1	6:34	1	0:17.6		2	1:00:23.3	18.5	2	0:22.8		1	15:54.2	7:14	1:32:25.1
2	Harold Reimer	59	60	17:41.7	7:31	2	0:21.7		1	59:53.9	18.7	1	0:19.9		8	18:11.7	8:16	1:36:29.1
3	Rob Duncanson	23	64	16:50.1	7:10	10	0:59.1		3	1:03:47.1	17.5	8	0:39.8		2	16:49.8	7:39	1:39:06.1
4	Michael Lotter	89	66	17:13.2	7:20	4	0:39.5		5	1:07:39.7	16.5	7	0:39.0		3	17:03.0	7:45	1:43:14.5
5	Todd Smith	87	59	17:32.7	7:28	12	1:06.7		4	1:06:27.0	16.8	12	0:57.1		6	17:43.7	8:03	1:43:47.4
6	Enrique Rodriguez	63	46	18:19.5	7:48								1:09:16.1	3:43	7	17:50.8	8:06	1:45:26.6
7	Clarence Butz	12	59	19:11.4	8:10	11	1:00.5		6	1:08:03.3	16.4	6	0:36.1		9	18:14.5	8:17	1:47:05.9
8	Christopher Moschella	50	47	15:58.7	6:48	7	0:51.9		9	1:12:11.9	15.5	15	1:15.9		4	17:04.4	7:45	1:47:22.9
9	Rob Horning	83	49	18:22.6	7:49	21	1:53.9		7	1:10:13.3	15.9	14	1:03.6		10	18:28.9	8:24	1:50:02.6
10	Jacob Ferry	24	39	16:42.1	7:06	9	0:58.2		12	1:16:17.1	14.6	10	0:49.4		5	17:17.5	7:51	1:52:04.3
11	Steve Tietz	75	64	21:53.3	9:19	5	0:48.3		8	1:11:23.8	15.7	9	0:43.6		11	20:24.3	9:16	1:55:13.5
12	David Swafford	71	34	20:57.7	8:55	6	0:51.8		10	1:13:18.3	15.2	3	0:32.9		14	21:11.0	9:38	1:56:51.8
13	Tom Parker	54	74	22:14.2	9:28	3	0:33.2		11	1:15:28.4	14.8	4	0:33.6		17	23:54.1	10:52	2:02:43.7
14	Ray Lawson	44	49	20:57.3	8:55	16	1:30.7		14	1:19:55.3	14.0	17	1:41.3		13	20:39.3	9:23	2:04:44.2
15	Bernard Mougel	51	67	22:58.2	9:46	15	1:16.4		15	1:21:54.5	13.6	13	1:02.9		19	24:21.3	11:04	2:11:33.6
16	Clement Allen	1	55	21:04.2	8:58	18	1:50.5		17	1:27:28.3	12.8	18	1:50.0		16	23:32.2	10:42	2:15:45.4
17	Mike DeMello	22	58	25:42.7	10:56	20	1:52.7		13	1:19:42.0	14.0	21	2:04.3		21	27:54.6	12:41	2:17:16.4
18	Troy Prather	57	49	22:40.9	9:39	19	1:50.7		16	1:26:06.9	13.0	22	2:18.0		20	25:52.5	11:45	2:18:49.2
19	Jon Casey	13	39	18:53.6	8:02	23	2:19.8		18	1:32:43.2	12.0	23	4:55.0		15	21:11.7	9:38	2:20:03.6
20	Bill Kircher	41	73	23:07.1	9:50	13	1:11.9		19	1:33:05.0	12.0	16	1:27.1		18	23:54.5	10:52	2:22:45.8
21	Hanzhang Ren	60	23	24:45.1	10:32	8	0:53.2		21	1:40:25.9	11.1	5	0:35.6		12	20:29.7	9:19	2:27:09.7
22	Reynaldo Lingad	45	32	24:39.8	10:29	22	2:04.4		20	1:37:31.4	11.5	19	1:55.6		22	28:47.0	13:05	2:34:58.5
23	John Herbert	90	71	27:02.2	11:30	14	1:12.5		22	2:00:41.0	9.26	11	0:53.8		23	29:14.6	13:17	2:59:04.3
24	Rudy Salazar	64	60	31:19.7	13:20	17	1:37.8		23	2:14:42.2	8.29	20	1:58.7		24	38:14.7	17:23	3:27:53.3