## Hey You Dam Racers,

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## **Couple of Really Important Things to Remember:**

For the safety of the Runners the gates into the Reservoir will close at 8:45 A.M, and will not reopen until 10:00 am for your exit. On your way out, there will be walkers and runners on the Old San Pablo Dam road finishing up. So please respect this, take care, go slow, and watch out for them. If you have someone picking you up. Tell them not to come before 10:00 am because the gates will not be open. Give yourself plenty of time to wind down the 1.5 mile road leading into the parking lots.

## You must wear your bib and timing chip in order to be on the race course.

The 10K Runners will start at 9:00 am promptly. Course instructions will be given at 8:45 am. There are two aid stations for you, one at the 5K turnaround and one on top of the hill at the half way point. Water and Electrolyte drinks will be served at both stations.

5K Runners will start at 9:05 am.

When you finish your race there will be Two Big Boards with results, one for the 5K and one for the 10K. There will be a custom finisher medal for each racer and if you check the board and finish 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> in your age group you can pick up your Place Award as soon as they are posted.

For Parking, we have 3 lots. There is no fee to park. We will have attendants to point you in the right direction. There are 13 bathrooms in the main parking lot at 3 locations.

Registration opens at 7:00 am. You can register on race day if you miss the Pre-Registration deadline. For those who Pre-Registered you will pick up your packet at the PRE-REGISTRATION table.

Both courses are on our web site, www.wolfpackevents.com, a map of each course. Slower runners, please migrate to the back of the pack. There will be both serious and competitive runners, those in training to be a competitive runner, and those who are getting a great workout, but at a fun pace. We welcome all of you! Results will be posted under "Race Results" Saturday afternoon.

See you Soon and Thank You for Coming Out! Wolf